

2009 YMCA SILVER STANDARDS

Girls				Silvers	Boys			
10/u	11/12	13/14	15/18	Event	15/18	13/14	11/12	10/u
35.29	31.29	29.39	29.19	50 Free	26.99	29.89	32.19	36.29
1:21.09	1:09.69	1:03.89	1:01.39	100 Free	57.99	1:02.49	1:11.99	1:24.09
3:01.99	2:38.99	2:22.99	2:17.59	200 Free	2:07.09	2:25.99	2:46.99	3:02.99
	6:42.99	6:19.99	6:09.99	500 Free	5:45.19	6:07.69	6:39.09	
		13:04.99	12:40.99	1000 Free	11:54.99	12:37.69		
42.59	36.99			50 Back			40.99	44.19
1:32.99	1:21.49	1:14.39	1:14.99	100 Back	1:09.99	1:18.09	1:25.39	1:36.19
	2:52.19	2:42.29	2:37.99	200 Back	2:34.99	2:44.99	2:59.99	
46.99	41.79			50 Breast			45.99	49.79
1:46.29	1:31.09	1:24.99	1:23.99	100 Breast	1:16.99	1:29.99	1:37.69	1:49.99
	3:15.49	3:04.99	2:59.99	200 Breast	2:46.99	2:56.59	3:14.79	
42.59	35.99			50 Fly			40.79	46.89
1:42.99	1:24.69	1:18.69	1:15.89	100 Fly	1:13.39	1:22.39	1:31.59	1:43.09
	2:55.99	2:51.99	2:43.29	200 Fly	2:32.59	2:50.59	3:07.69	
1:30.09	1:18.89			100 IM			1:24.79	1:32.99
3:17.59	2:56.09	2:40.79	2:43.99	200 IM	2:34.99	2:40.29	3:01.99	3:16.99
		5:34.99	5:20.99	400 IM	4:56.39	5:21.99		