

## 08 - 09 YWMC SWIMMING PRACTICE SCHEDULE

<p><b>Mini Rays (8 &amp; U)</b></p> <p><b>Tues.</b> 5:00 - 6:00 PM  <b>Fri.</b> 7:00 - 8:00 PM  <b>Sun.</b> 6:00 - 7:00 PM</p>	<p><b>Age Group 1 (9 &amp; 10)</b></p> <p><b>Tues.</b> 6:00 - 7:00 PM  <b>Wed.</b> 5:00 - 6:30 PM  <b>Fri.</b> 7:00 - 8:00 PM  <b>Sun.</b> 7:00 - 8:30 PM</p>	<p><b>Age Group 2 (11 - 13)</b></p> <p><b>Mon.</b> 5:00 - 6:30 PM  <b>Wed.</b> 5:00 - 6:30 PM  <b>Thur.</b> 6:30 - 7:30 PM  <b>Fri.</b> 8:00 - 9:00 PM  <b>Sun.</b> 7:00 - 8:30 PM</p>
<p><b>Age Group 3 (11 - 13)</b></p> <p><b>Mon.</b> 5:00 - 6:30 PM  <b>Wed.</b> 6:30 - 8:00 PM  <b>Thur.</b> 5:00 - 6:30 PM  <b>Fri.</b> 8:00 - 9:00 PM  <b>Sun.</b> 8:30 - 10:00 AM</p>	<p><b>Senior 1 (14 &amp; O)</b></p> <p><b>Mon.</b> 3:30 - 5:00 PM (Sept 8 - Nov 10)  4:00 - 5:00 PM (Nov 17 - Mar 2)  <b>Tues.</b> 5:00 - 6:30 PM  <b>Wed.</b> 8:00 - 9:00 PM  <b>Thur.</b> 5:00 - 6:30 PM  <b>Sun.</b> 6:30 - 8:30 AM</p>	<p><b>Senior 2 (14 &amp; O)</b></p> <p><b>Mon.</b> 6:30 - 8:30 PM  <b>Tues.</b> 7:00 - 9:00 PM  <b>Wed.</b> 6:30 - 8:30 PM  <b>Thur.</b> 7:30 - 9:00 PM  <b>Fri.</b> 5:00 - 7:00 PM  <b>Sun.</b> 6:30 - 8:30 AM</p>
<p><b>Senior 3 (14 &amp; O)</b></p> <p><b>Mon.</b> 6:30 - 9:00 PM  <b>Tues.</b> 6:30 - 8:30 PM  <b>Thur.</b> 6:30 - 8:30 PM  <b>Fri.</b> 5:00 - 7:00 PM  <b>Sat.</b> 2:30 - 4:30 PM  <b>Sun.</b> 6:30 - 8:30 AM</p>		